

# Obstetrics and Gynecology Physician Update

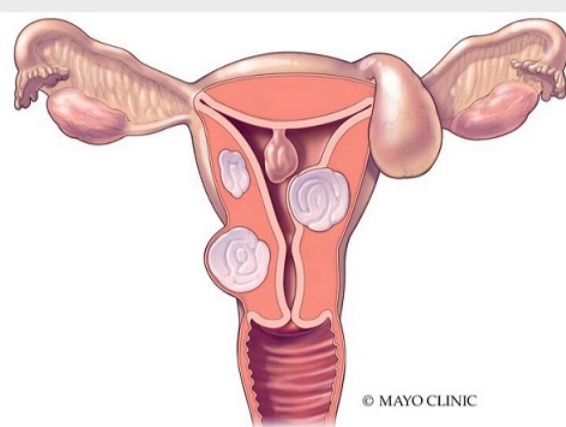
January 2024



Treatment options for postmenopausal women with vulvovaginal conditions



## Patient Care



### GYN surgeon encourages look at nonsurgical uterine fibroid therapies

Contrary to what might be expected, a Mayo Clinic GYN surgeon is urging healthcare professionals to consider not only hysterectomy but also nonsurgical options for patients with symptomatic uterine fibroids.

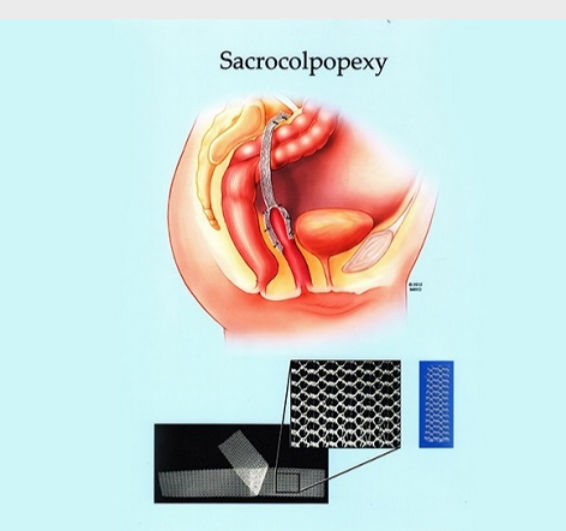
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### Medical centers with OB-GYN hospitalists have lower severe maternal morbidity rates

A multicenter study led by a Mayo Clinic physician and published in the Journal of Patient Safety indicated lower severe maternal morbidity rates in medical centers using OB-GYN hospitalists.

[Learn more](#)



### Mayo Clinic urogynecologic surgeon responds to questions about open versus abdominal sacrocolpopexy

This Q&A provides a Mayo Clinic urogynecologic surgeon's responses regarding two sacrocolpopexy techniques. He and a colleague published an invited commentary in the Journal of Gynecologic Surgery.

[Learn more](#)



### Mayo Clinic investigators look for answers to persistent pelvic pain after endometriosis surgery

Despite surgery for bothersome endometriosis, some women continue to experience debilitating pain. A Mayo Clinic minimally invasive gynecologic surgeon delves into the problem and potential solutions.

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## Research



### Mayo Clinic study moves toward earlier endometrial cancer detection

A Mayo Clinic study discovers methylated DNA markers present in malignant endometrium and not present in benign tissue using vaginal fluid self-collected with an over-the-counter tampon.

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## Education

Mayo Clinic School of Continuous Professional Development offers live courses, livestreaming courses, online continuing medical education (CME) courses and podcasts to meet your CME needs.

[See all Obstetrics, Gynecology and Women's Health Continuous Medical Education courses](#)



### OB/GYN Clinical and Surgical Updates: Staying Current and Ahead of the Curve 2024

Feb. 5-8, 2024  
Napa, Calif., and Livestream

This sixth annual clinical and surgical course features leading experts from Mayo Clinic. It is for all healthcare professionals involved in or interested in women's healthcare.

[Register Now](#)



### 20th Annual Women's Health Update 2024

March 21-23, 2024  
Scottsdale, Ariz., and Livestream

This conference addresses health issues and medical conditions that are either unique to women, may cause different symptoms in women or affect women differently from men, thus requiring different treatment or prevention protocols.

[Register Now](#)



### Transforming Women's Health 2024

June 6-8, 2024  
Washington, D.C., and Livestream

This course enables healthcare professionals to improve care of women. Course topics include emerging scientific and clinical evidence related to conditions that are unique to women, occur more frequently in women or present differently in women.

[Register Now](#)

## Consults and Referrals

Phoenix/Scottsdale, Arizona  
866-629-6362

Jacksonville, Florida  
800-634-1417

Rochester, Minnesota  
800-533-1564

[Online Referrals](#)

## Resources

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