

# Endocrinology Physician Update

August 2024

## Research



### Weight-loss surgery increases kidney transplant rates in patients with renal failure and obesity

The findings of a new Mayo Clinic study support the role of sleeve gastrectomy in helping meet the body mass index criteria for patients with chronic kidney disease who are awaiting kidney transplants.

[Learn more](#)



### A simpler, more-effective way to diagnose secondary adrenal insufficiency (SAI)

Mayo Clinic endocrinologist Irina Bancos, M.D., M.S., and colleagues discovered the overnight metyrapone test (OMT) to be safe and well tolerated in patients with low and moderate clinical probability of SAI.

[Learn more](#)

[See all Endocrinology Clinical Trials at Mayo Clinic](#)

## Patient Care

[Refer a Patient](#)

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## Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Endocrinology Continuing Medical Education courses](#)



### 24th Annual Nutrition and Wellness in Health and Disease Sept. 29-Oct.1, 2024 Nashville, Tenn., and Livestream

This program highlights ambulatory nutrition and wellness topics with multidisciplinary faculty. Current clinical topics are covered through presentations, interactive case studies and panel discussions.

[Register Now](#)



### Principles in the Care of Transgender and Intersex Patients 2024 Oct. 17-19, 2024 La Jolla, Calif., and Livestream

This pioneering course offers cutting-edge perspectives and practical evidence-based principles for working with transgender and intersex individuals. Participants leave with the knowledge and skills to provide gender-affirming care across settings.

[Register Now](#)

## Consults and Referrals

[Phoenix/Scottsdale, Arizona](#)  
866-629-6362

[Jacksonville, Florida](#)  
800-634-1417

[Rochester, Minnesota](#)  
800-533-1564

[Online Referrals](#)

## Resources

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