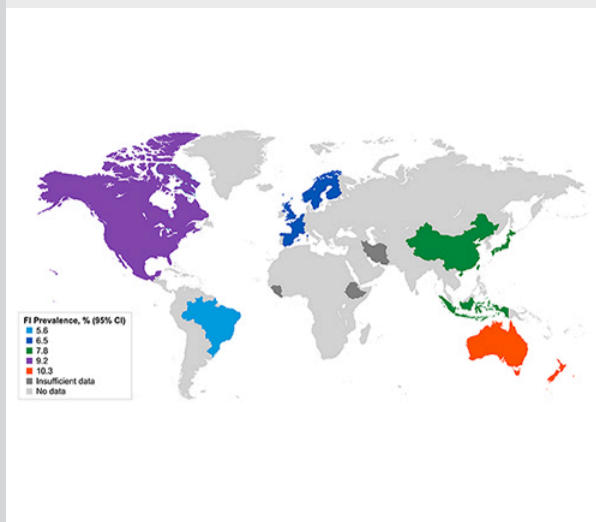


Digestive Diseases Physician Update

November 2024

Research



Study reveals that 1 in 12 adults worldwide has fecal incontinence (FI)

The systematic review and meta-analysis sheds light on the prevalence of FI and its relationship with age, sex and geographic location in adults.

[Learn more](#)



Pilot study demonstrates that virtual reality provides safe, significant symptom improvement in patients with functional dyspepsia

This first-ever, randomized, controlled pilot study assessed participants' symptoms and quality of life over a two-week period.

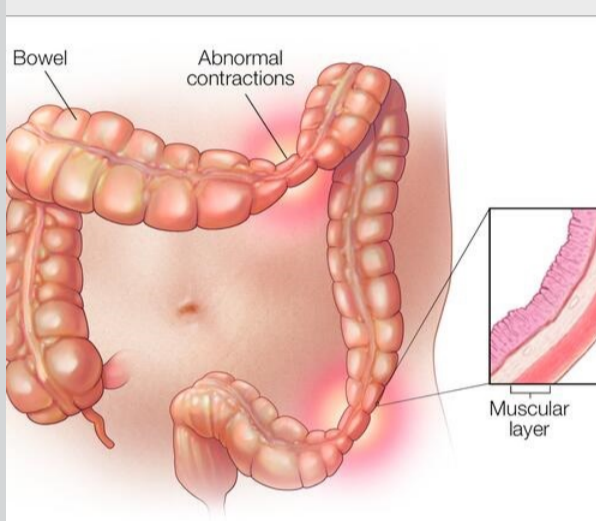
[Learn more](#)



Researchers observe low vitamin D levels in patients with symptoms of gastroparesis

Study data from a group of 513 patients also showed that low vitamin D levels are associated with nausea, vomiting and gastric neuromuscular dysfunction.

[Learn more](#)



Researchers challenge hypothesis linking SIBO and IBS and cite limitations of diagnostic breath testing

The review article authors assert that breath testing for small intestinal bacterial overgrowth in patients with irritable bowel syndrome yields a high number of false positives.

[Learn more](#)

Patient Care

[Refer a Patient](#)

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Education

Mayo Clinic School of Continuous Professional Development offers [live courses](#), [livestreaming courses](#), [online continuing medical education \(CME\) courses](#) and [podcasts](#) to meet your CME needs.

[See all Gastroenterology Continuing Medical Education courses](#)



12th Annual Mayo Clinic Esophageal Diseases 2024 Dec. 6-7, 2024 Phoenix and Livestream

This course explores the significant advances in diagnosis, therapy and identification of new diseases, including the use of high-resolution manometry and impedance monitoring, and endoscopic detection and treatment of Barrett esophagus.

[Register Now](#)



10th Annual Gastroenterology & Hepatology Update with Interactive Live Endoscopy 2025 Jan. 24-25, 2025 Phoenix and Livestream

This course provides updates on diagnosing and managing common gastroenterology and hepatology disorders, including Barrett esophagus, endoscopic IBD evaluation, endoscopic resection of large colorectal lesion and steatotic liver disease.

[Register Now](#)



2nd Annual Mayo Clinic Gastroenterology for the Hospitalist Provider 2025 Feb. 22-23, 2025 Nashville, Tenn., and Livestream

This course provides hospital practitioners with information on common GI diseases and situations encountered in the inpatient setting, including GI bleeding, nutrition, inflammatory bowel diseases, pancreatitis, cirrhosis and acute diverticulitis.

[Register Now](#)

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Phoenix/Scottsdale, Arizona
866-629-6362

Jacksonville, Florida
800-634-1417

Rochester, Minnesota
800-533-1564

Mayo Clinic Health System
855-392-8400

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